

INFORMATION TO SUPPORT A 'GAMBLERS' ON GOING RECOVERY

OVERVIEW OF NOTTINGHAM BAMER GAMBLING SUPPORT SERVICES

Al - Hurraya:

Al-Hurraya is a local charity who provide culturally specific support to children, adults, young people and families from Black, Asian, Minority Ethnic and Refugee backgrounds as well as other new and emerging communities within Nottingham.

They are a peer lead service and use their local, grass roots knowledge and first-hand experience within BAMER communities to offer bespoke, personalised support that is tailored to each clients differing personal and cultural needs and values.

Al Hurraya's Culturally Wise-Gambling Addiction Support Service:

Al-Hurraya have received funding to provide a dedicated gambling addiction support services for the local BAMER community in both Nottingham and Derby.

As part of this service, they will be providing:

- 1 to 1 counselling sessions delivered by MBACP registered fully qualified counsellor.
- Mutual aided support groups.
- Workshops for professionals available in Nottingham and Derby.

This service has been launched not only for service users, but to also to support local organisations and professionals working with individuals experiencing gambling addictions from BAMER communities. Their goal is to increase awareness and knowledge of gambling addictions and the impacts these have on BAMER families to aid them with referring more effectively so that service users can access the support that they require.

Referring into Al-Hurraya Culturally Wise-Addiction Support Service:

Al-Hurraya are currently working on expanding and strengthening their referral pathways so that they can reach far and wide to support those in need of their vital expert services. If you think someone you are working with is experiencing a gambling addiction, referring them into Al-Hurraya will allow them to access Al-Hurraya's services and begin their personal growth journey.

Please use the self or professional referral form found on the 'Accessing NOTTINGHAM BAMER Services and What to Expect' section of the Time Out page.