



INFORMATION TO SUPPORT A 'GAMBLERS' ON GOING RECOVERY

OVERVIEW OF LOCAL GAMBLING SUPPORT SERVICES

GamCare East Midlands

GamCare is an independent charity and a leading provider of information, advice and support across Great Britain but also provide regional support.

- GamCare East Midlands, Nottingham, NG1 5LP
Phone: 01522 274880
Call free on: 0808 8020 133
Email: east.midlands@gamcare.org.uk
Live chat via: www.gamcare.org.uk

GP Services

GPs in Nottingham can refer anyone who is suffering from a gambling addiction to the NHS Gambling Clinics as well as other providers such as GamCare and GA. Locally, GPs may also offer assistance from talking and support services, such as that of Trent PTS, Let's Talk Wellbeing and Insight Healthcare. There are NICE guidelines and pathways that are currently being developed and are due to be published on 7.2.2024.

Gamblers Anonymous (GA)

GA is a fellowship of men and women who share their experience, strength and hope with each other, that they may overcome their common addiction and help others do the same. Within the Nottinghamshire region there are 2 groups running as follows:

- Nottingham Royal Naval Association Club
22 Church Street, Lenton, Nottingham, NG7 1SJ
Wednesday: 19:45 - 21:45
Sunday: 19:30 - 21:30
Phone: 0330 094 0322
Visit: www.gamblersanonymous.org.uk