

## Statement from the Chair of the Trustees Committee - Dave Barton

We are now in our 15th year of delivering recovery and reintegration services and our second year of being a drug and alcohol charity. Ensuring that service users, are at the heart of everything we do continues to be a critical success factor in delivering high quality recovery oriented outcomes at Double Impact. In partnership with our service users, the work of the Charity has increased the overall impact we make through the creation of recovery communities in which people can live independently. Double Impact continues to build platforms for service users to gain employment, access training opportunities and secure accommodation, and in doing so inspires hope, creates ambition and delivers tangible outcomes.

## Statement from Services Director and Company Secretary - Graham Miller

Double Impact is committed to continuing the development of recovery communities that are ambitious for every service user. Our vision for recovery is that it will provide a platform for people to reintegrate fully and offer mechanisms to gain sustainable employment, enter mainstream education, improve financial stability and secure appropriate accommodation. Partnerships are a critical factor in delivering successful recovery-oriented drug and alcohol treatment systems. Double Impact continues to forge links with service users and local and national partners to deliver high quality outcomes and influence the design of long term recovery for service users and communities. It delivers this through inspiring hope, being ambitious and believing that every service user has a right to choice and sustainable recovery.

Over the last year Double Impact has faced up to the challenge of changes to commissioning processes and ultimately its service delivery. It has achieved this without losing any focus on its vision, ethos or values, and continues to work with its service users to build the recovery capital required to develop a lifestyle change at the same time as sustaining abstinence from drugs and alcohol. Double Impact believes that working together to achieve service user outcomes is

## Double Impact wishes to acknowledge the generous support from:

Nottingham Crime & Drugs Partnership  
Nottinghamshire Substance Misuse Commissioning Team  
Nottingham City Primary Care Trust  
Nottingham City Council  
Nottinghamshire County Council  
Cabinet Office (The Transition Fund)  
Framework Housing Association  
Nottinghamshire YMCA  
Nottinghamshire Recovery Partnership  
Nottinghamshire Healthcare Trust Substance Misuse Services  
Hetty's  
Nottingham Panthers  
Mansfield Citizens Advice Bureau  
BAC-IN  
Holistic Health Team  
Nottinghamshire Probation Service  
The Recovery Forum  
SMART Recovery UK  
Nottingham City Museums & Galleries  
Students from Nottingham & Trent Universities  
The Nottingham Academy School  
The Nottinghamshire Golf & Country Club

The Recovery Network  
Nottinghamshire County Cricket Club  
Notts County Football Club  
Counselling Xtra  
Trent Sound  
HMP Nottingham  
The Priory Clinic Nottingham  
Enable  
The Cornerhouse  
Lloyds TSB  
Nottingham Leisure BID  
Paul Smith  
Starbucks  
Boots  
Ecoworks  
Alphagraphics  
Cineworld  
Atlas Deli Bar  
Smellie Savage  
Tank PR  
Rainbow Flowers  
HMA Digital Marketing  
All About Tourism  
Two Ways



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## What other agencies say about Double Impact

"Our work with Double Impact on the school alcohol awareness programme has been extremely beneficial. As a leisure and entertainment complex, we take the need for corporate social responsibility extremely seriously and this has allowed us to take that to a whole new level."

The expertise of the team at Double Impact has allowed us to work in partnership to deliver an innovative scheme that captured the interest of the local media and, more importantly, has already started to have an impact on the way that young people in the city think about alcohol and issues relating to it.

We look forward to developing and continuing our partnership with Double Impact."

Jane Barton, Marketing Manager, The Cornerhouse.



**Drug and Alcohol Recovery**

# Annual Report 2011-12

Since 1998, Double Impact has been serving the community by helping problem drug and alcohol users change their lives through recovery and community integration. Double Impact offers a full programme to promote recovery through personal support, group activities, education and self-help.

This Annual Report is different from previous reports. We turned the design, artwork and production over to service users and the impressive results, which reflect their experience, can be seen in this report. If you want to know what Double Impact is all about - ask our service users.



## Double Impact Services

Double Impact is a unique service which deals with all the issues facing recovering people. We provide educational groups and accredited courses to build self-esteem and employment skills, housing support, specialist debt advice, volunteering experiences, advice for family members and safe places for people to socialise and support each other.

Over the past 12 months we helped over 700 people, of whom just over 57% achieved freedom from their dependence on substances.

Activities are focused around our ambition for, and belief in the ability of, recovering people to sustain freedom from dependence on substances and to reintegrate fully into their community and wider society. For the majority of our service users this is a journey which begins with groups and activities which develop self-esteem and self-awareness, and progresses on to short educational courses providing a recognised qualification. For some, this leads onto a pathway of learning within mainstream local colleges as a way to move on with their lives and achieve their goals; for others, Double Impact provides a choice of volunteering roles and work placements with local employers, to help people gain vital

work-related skills and references equipping them to enter the employment market.

These activities and services are all delivered within settings which allow for recovering people to socialise in a safe environment, share information and inspiration with one another and, crucially, build a new positive social network which supports their lifestyle changes. As an organisation and a charity, Double Impact is continually exploring new ways of creating more choices and opportunities for recovering people to achieve their goals, in a society which still has limited understanding of, and sympathy for, their struggles.

"I've thoroughly enjoyed the project we are running with Double Impact. The Double Impact team are so passionate about what they do, they can't help but inspire the service users they work with. The quality of candidates they put forward for our recruitment drive was top notch and the successful candidate has fitted into our team perfectly and has proven to be committed, hardworking and reliable."

We will continue to work with Double Impact in the hope that we can carry on contributing to this worthy project."

**Katherine Ogden, General Manager, Cineworld Cinemas**

I approached here with low confidence, no self belief and no hope of future.

I thought I was a man, as tall as a tree  
Beyond all definition still Define circumstances places and time  
No roots, no earth, no sun, just rain  
Washing always all hope away.



I couldn't imagine a life without drink or drugs.

I was terrified.

I was a mess physically and mentally - I suffered with low self esteem

I feel lonely and isolated, looking for hope

It gives me a safe place to come and be amongst people in recovery.

I am happy to be part of something, a reason to get up in the morning

## Double Impact

Drug and Alcohol Recovery

## Journeys Through Double Impact

I was riddled with anxiety but slowly I began groups. Now I attend most of the groups which I find interesting, educational and boost my confidence and self esteem.



The creative groups have opened up parts of me which were hidden and have provided a hope for the future.



Since I attended D.I. life has blossomed and I feel like a very different person.



When I first came I didn't believe what people said was achievable, now I see it all in a different light



Double Impact has helped me to see that I can have a future and be happy to be me

Now I feel a useful part of society again



In front of me the sun is shining! The help and confidence D.I. have given me is phenomenal.



I see myself as equal, another person in recovery, taking more steps to the future.

I no longer doubt myself. I have been given opportunities beyond my belief.

I am now over a year clean and sober and looking forward to a brighter future thanks to the help from Double Impact.