

## Allergens List

### *Breakfast*

1. Full English/Big/Light/  
Vegetarian breakfasts. (1/3)
2. Vegan breakfast (12)
3. Breakfast rolls or bagels (1/3)
4. On toast (1/3/7)
5. Teacakes/croissants/bagels  
(1/7/3)
6. Filled croissants (1/3/7)
7. Eggs royal (1/3/4)
8. Eggs benedict (1/3)
9. Breakfast muffin (1/3)
10. Welsh rarebit (1/3/4/7/10/ )
11. Croque monsieur  
(1/3/4/7/10)

### *Wraps*

12. Sweet chilli chicken wrap  
(1/3/7)
13. Falafel wrap (1/3/7)
14. Jackfruit wrap (1/10)
15. Ham and cheese (1/7/10)
16. Fish finger (1/3/4/7)
17. Pork sausage (1/9/10)

### *Paninis/toasties/sandwiches*

18. Ham and cheese (1/3/7/10)
19. Tuna mayo (1/3/4)
20. Brie and bacon (1/7)
21. Jackfruit (1/10/6)
22. Soup (1)

### *Plant based/vegan*

23. Vegan fish cakes (1/6/10)
24. Sothern fried cauliflower  
(1/6/9/10)

### *Burgers*

25. Classic (1/3/10)
26. Cheese burger (1/3/7/10)

27. Panko chicken (1/3/7/10)
28. Posh fish finger (1/3/4/7)
29. Jackfruit (1/10)

### *Jackets*

30. Jackfruit (10)
31. Cheese (7)
32. Slaw (3)
33. Tuna mayo (3/4)

### *Sides (all fries contain traces of gluten)*

34. Curly fries (1)

### *Kids*

35. Muffin (1/3/7)
36. Fish finger (1/3/4/7)
37. Veggie/pork sausage (1)
38. Half jacket (7)
39. Chicken (1/3/7)
40. Cheesy pasta (7)

## **Key**

1. Gluten/ wheat
2. Coruscations
3. Eggs
4. Fish
5. Peanuts
6. Soya
7. Milk
8. Nuts
9. Celery
10. Mustard
11. Sesame
12. Sulphur dioxide
13. Lupin
14. Molluscs
15. Sesame seeds.